



# **ESSR Oxford Sports Imaging Course**

**12<sup>th</sup> – 13<sup>th</sup> April 2024**

**St. John's College, Oxford University**

**Scientific Program**



**Organiser: Raj Chari**

# Faculty

- Eugene McNally (Oxford, UK)
- Christoph Schaeffeler (Chur, CH)
- Maryam Shahabpour (Brussels, BE)
- Josef Kramer (Linz, AU)
- Phil O'Connor (Leeds, UK)
- Justin Lee (London, UK)
- Aditya Daftary (Mumbai, IND)
- Steven James (Birmingham, UK)
- Nicolas Amoretti (Nice, FR)
- Phil Batty (London, UK)
- Andy Dunn (Liverpool, UK)
- James Teh (Oxford, UK)
- Ramy Mansour (Oxford, UK)
- Filippo Del Grande (Lugano, CH)
- Catherine McCarthy (Oxford, UK)
- Milko De Jonge (St Antonius, NL)
- Stefan Kluzek (Nottingham, UK)
- Gajan Rajeswaran (London, UK)
- Graeme Thompson (Oxford, UK)
- Abhishek Jain (Liverpool, UK)
- Anand Kirwadi (Manchester, UK)
- Ed Sellon (Oxford, UK)
- Yaron Berkowitz (Oxford, UK)
- Raj Chari (Oxford, UK)

# ESSR – OSIC Day 1

**8.00 - 8.40**

**Registration, coffee & tea**

8.40 - 9.00

Welcome, Introduction

R Chari

## **Session 1**

**Moderators - G Rajeswaran & J Teh**

9.00 - 9.20

Shoulder Micro instability: SLAP & posterior instability

G Rajeswaran

9.20 - 9.40

Throwing sports: shoulder injuries that we know little about

A Dunn

9.40 - 10.00

Imaging of pectoralis muscle injury

C Schaeffler

10.00 - 10.20

Image guided intervention in sports: Shoulder

J Teh

10.20 - 10.30

Q&A

**10.30 - 11.00**

**Coffee break**

## **Session 2**

**Moderators - C Schaeffler & R Mansour**

11.00- 11.20

Post operative shoulder: Imaging pearls & pitfalls

P O'Connor

11.20 - 11.40

Side strain and athletic trunk injuries

A Daftary

11.40 - 12.00

Unstable elbow in athletes: varus, valgus & rotatory instability

C McCarthy

12.00 - 12.20

Imaging of distal biceps & triceps tendons

J Teh

12.20 - 12.40

Image guided intervention in sports: Elbow

R Mansour

12.40 - 12.50

Q&A

**12.50 - 13.40**

**Lunch**

## **Session 3**

**Moderators – E McNally & M De Jonge**

13.40 - 14.00

Bone health & bone stress: Tibia to tarsals & metatarsals

J Lee

14.00 - 14.20

Extrinsic ligaments & TFC: Anatomy and Injury Classification

E McNally

14.20 - 14.40

Carpal instability & sports: DISI, VISI, SLAC & SNAC

M De Jonge

14.40 - 15.00

Sports related vascular complications

G Thompson

15.10 - 15.30

Injectables in sports injuries: clinical outcome and current evidence

P Batty

15.30 - 15.40

Q&A

**15.40 - 16.00**

**Coffee break**

16.00 – 16.10

Percutaneous carpal tunnel & pulley release (Industry sponsored)

## **Session 4**

**Moderators - S James & J Lee**

16.10 - 16.30

BAMIC classification strengths and weaknesses – Author's verdict

S James

16.30 - 16.50

Sports induced nerve injuries: Upper limb

A Jain

16.50 - 17.10

Painful fingers & sports

G Thompson

17.10 - 17.30

Image guided intervention in sports: Hand & wrist

J Lee

17.30 - 17.45

Q&A and conclusion

# ESSR – OSIC Day 2

**8.20 - 8.40**

**Coffee & tea**

**Session 1**

**Moderators - J Kramer & N Amoretti**

8.40 - 9.00	Sports induced nerve injuries: Lower limb	J Kramer
9.00 - 9.20	Spinal injuries in athletes: Burners and stingers	S James
9.20 - 9.40	Backpain & athletes: Pars & Scheuermann's	P Batty
9.40 - 10.00	Image guided intervention in sports: Spine	N Amoretti
10.00 - 10.20	FAI and athletes: Does imaging improve outcome?	E McNally
10.20 - 10.30	Q&A	

**10.30 - 11.00**

**Coffee break**

**Session 2**

**Moderators – R Lalam & P O'Connor**

11.00 - 11.20	Sorting out the snapping hip	G Rajeswaran
11.20 - 11.40	Groin pain: What are the sports relevant findings?	A Daftary
11.40 - 12.00	Rectus femoris and quadriceps injuries	C Schaeffler
12.00 - 12.20	Hamstring & calf injuries	P O'Connor
12.20 - 12.40	Image guided intervention in sports: Hip to knee	Y Berkowitz
12.40 - 12.50	Q&A	

**12.50 - 13.40**

**Lunch**

**Session 3**

**Moderators - F Del Grande & J Shahabpour**

13.40 - 14.00	ACL & PCL. Should we be measuring?	F Del Grande
14.00 - 14.20	The posterior oblique and other less known medial ligaments	M Shahabpour
14.20 - 14.40	LCL and posterolateral corner of the knee injuries in sports	A Kirwadi
14.40 - 15.00	Can we predict failure of meniscal and ACL repair?	A Dunn
15.10 - 15.30	Patellofemoral pain in athletes & jumpers knee	R Chari
15.30 - 15.40	Q&A	

**15.40 - 16.10**

**Coffee break**

**Session 4**

**Moderators – G Thompson & C McCarthy**

16.10 - 16.30	Achilles tendon tendinosis & tear in elite athletes	E Sellon
16.30 - 16.50	Pes planus, pes cavus & sports	S Kluzek
16.50 - 17.10	The plantar plate and deferential diagnosis.	C McCarthy
17.10 - 17.30	Ankle ligaments: Common mistakes	M Shahabpour
17.30 - 17.45	Q&A and conclusion	

Sponsors:

